# ET'S GET OKING

## November 2025

Lunch

#### MONDAY **TUESDAY WEDNESDAY THURSDAY FRIDAY** 3 5 6 7 Create Create Create Create **BBQ** Cheddar Chicken · Toasty Cheese Sandwich **Turkey Taco Tots BBQ Beef Meatballs** Cilantro Lime Brown Rice Sandwich Campbell's Tomato Soup **Brown Rice** Peas and Carrots French Fries 2Mato Corn 2Mato Classic Cheese Pizza 2Mato Grill Classic Cheese Pizza Classic Pepperoni Pizza Jumbo Crispy Chicken Classic Cheese Pizza Classic Pepperoni Pizza Fresh Caesar Salad Tenders Classic Pepperoni Pizza Fresh Caesar Salad On the Go Hawaiian Roll Fresh Caesar Salad Spicy Chicken Sandwich On the Go Strawberry Smoothie On the Go Monterey Chicken Salad **Hummus & Veggie Bento** Cinnamon Granola French Fries Fruit & Vegetable Bar Box On the Go Croutons Fruit & Vegetable Bar Fresh Örange Wedges **Hummus & Veggie Bento** Fruit & Vegetable Bar Fresh Orange Wedges Fruit Punch Fresh Red Delicious Apple Fruit Punch Lettuce & Tomato Side Salad Fruit & Vegetable Bar Fruit Punch Fresh Banana Lettuce & Tomato Side Salad Baharat Spiced Chickpeas Lettuce & Tomato Side Salad Baby Carrots & Celery Sticks Corn & Pepper Salad Apple Juice Fresh Broccoli Florets Fresh Broccoli Florets Milk & Condiments Spinach & Romaine Salad Corn & Pepper Salad Chocolate Low Fat Milk Milk & Condiments Fresh Carrots Milk & Condiments Chocolate Low Fat Milk Chocolate Low Fat Milk 1% Low-fat Milk Sliced Cucumbers · 1% Low-fat Milk Milk & Condiments 1% Low-fat Milk · Chocolate Low Fat Milk • 1% Low-fat Milk

#### 10

**Buttermilk Pancakes** 

11

- Turkey Sausage Patty
- Tater Tots

#### 2Mato

- · Classic Cheese Pizza
- Classic Pepperoni Pizza
- Fresh Caesar Salad

#### On the Go

Santa Fe Turkey and Cheddar Wrap

#### Fruit & Vegetable Bar

- Fresh Red Delicious Apple
- Fruit Punch
- Lettuce & Tomato Side Salad
- Fresh Broccoli Florets
- Corn & Black Bean Salad

#### Milk & Condiments

- Chocolate Low Fat Milk
- 1% Low-fat Milk

#### 12

#### Create

- Chili Dog
- Classic Cheese Pizza
- Classic Pepperoni Pizza
- Fresh Caesar Salad On the Go
- Santa Fe Turkey and Cheddar Wrap

Fruit & Vegetable Bar

- Fresh Pear
- Fruit Punch
- Lettuce & Tomato Side Salad
- Corn & Black Bean Salad
- **Buttermilk Coleslaw**
- Milk & Condiments
- Chocolate Low Fat Milk
- 1% Low-fat Milk

#### 13

#### Create

- **General Tso's Chicken**
- Vegetable Fried Brown Rice
- Broccoli

#### Grill

- Jumbo Crispy Chicken Tenders
- Hawaiian Roll
- Spicy Chicken Sandwich
- French Fries

#### On the Go

- **Berry Parfait**
- Fruit & Vegetable Bar
- Fresh Örange Wedges
- Apple Juice
- Spinach & Romaine Salad Fresh Cherry Tomatoes
- Carrot & Celery Sticks
- Milk & Condiments
- Chocolate Low Fat Milk
- 1% Low-fat Milk

#### 14

#### Create

- Mashed Potato & Chicken Bowl
- Hawaiian Roll
- Seasoned Corn

#### 2Mato

- Classic Cheese Pizza
- Classic Pepperoni Pizza
- Fresh Caesar Salad

#### On the Go

- Southwest Chicken Salad with Cheese
- Croutons

#### Fruit & Vegetable Bar

- Fresh Pear
- Fruit Punch
- Lettuce & Tomato Side Salad
- Fresh Broccoli Florets
- **Buttermilk Coleslaw**

#### Milk & Condiments

- Chocolate Low Fat Milk
- 1% Low-fat Milk



## **17** Create

- **Boneless Chicken Wings**
- **Boneless Chicken Wings** with Buffalo Ranch Sauce
- **Boneless Chicken Wings** with Honey BBQ Sauce
- Hawaiian Roll
- Roasted Broccoli

#### 2Mato

- Classic Cheese Pizza
- Classic Pepperoni Pizza
- Fresh Caesar Salad On the Go
- Turkey, Cheese, Flatbread & . **Cucumber Bento Box**

#### Fruit & Vegetable Bar

- Fresh Granny Smith Apple
- Fruit Punch
- Lettuce & Tomato Side Salad
- Fresh Broccoli Florets
- Fresh Cherry Tomatoes Milk & Condiments
- Chocolate Low Fat Milk
- 1% Low-fat Milk

#### 18 Create

- Italian Meatball Sub
- Garlic Herb Flatbread
- Italian Vegetables Sono
- · Chicken Taco Meat
- Seasoned Turkey Taco Meat •
- Seasoned Black Beans Tortilla Chips
- Soft Flour Tortilla
- Cilantro Lime Brown Rice
- Seasoned Refried Beans Queso Blanco Cheese Sauce •
- Creamy Cheddar Cheese

#### Grill

- Classic Chicken Sandwich
- Spicy Chicken Sandwich
- French Fries

#### On the Go

Turkey Ham & Cheese Wrap

Fruit & Vegetable Bar

- Chilled Peaches
- Apple Juice
- Lettuce & Tomato Side Salad
- Sliced Zucchini
- Corn & Black Bean Salad
- Milk & Condiments Chocolate Low Fat Milk
- 1% Low-fat Milk

#### 19 Create

- **Toasty Cheese Sandwich**
- Campbell's Tomato Soup 2Mato
- Classic Cheese Pizza Classic Pepperoni Pizza
- Fresh Caesar Salad
- On the Go Strawberry Smoothie
- Cinnamon Granola Fruit & Vegetable Bar
- Fresh Banana
- Fruit Punch
- Lettuce & Tomato Side Salad •
- **Baharat Spiced Chickpeas**
- Fresh Cherry Tomatoes

### Milk & Condiments

- Chocolate Low Fat Milk
- 1% Low-fat Milk

## 20

#### Create

- Deli Turkey
- Turkey Gravy
- Hawaiian Roll
- Apple Cranberry Crisp
- Green Beans
- Mashed Potatoes
- Macaroni and Cheese Grill
- Jumbo Crispy Chicken Tenders
- Hawaiian Roll
- Spicy Chicken Sandwich

#### French Fries On the Go

Turkey, Cheese, Flatbread & • **Cucumber Bento Box** 

#### Fruit & Vegetable Bar

- Fresh Granny Smith Apple
- Apple Juice
- Lettuce & Tomato Side Salad •
- Sliced Zucchini
- Corn & Black Bean Salad

- Milk & Condiments · Chocolate Low Fat Milk
- 1% Low-fat Milk

27

#### 21

#### Create

- **BBQ** Chicken
- Hawaiian Roll
- Macaroni and Cheese

#### Seasoned Corn 2Mato

- Classic Cheese Pizza
- Classic Pepperoni Pizza
- Fresh Caesar Salad

#### On the Go

- Monterey Chicken Salad
- Croutons

#### Fruit & Vegetable Bar

- Fresh Banana
- Fruit Punch
- Lettuce & Tomato Side Salad
- Fresh Cherry Tomatoes
- Corn & Pepper Salad

## Milk & Condiments

- Chocolate Low Fat Milk
- 1% Low-fat Milk

24

25

💯 11/6 Nacho Day ᆖ 11/3 Sandwich Day

28

If you have a food allergy or intolerance, please notify us. Ask your cafeteria manager if changes were made to today's menu so we can help keep you safe!

Adult Meal Prices Adult Breakfast: \$2.84, Adult Lunch: \$5.29, White Milk: \$0.60, Chocolate Milk: \$0.65

Menus Subject to Change We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns.

26

